

# Three-in-One Benefit

## Precision Health Guidance. DNA Screenings. Cancer Navigation.

Genomic Life helps optimize your health – now, and in the future – based on your personal health, family history, and DNA – to <u>catch disease early</u>, <u>inform choices</u>, and <u>tailor care so it works best for you</u>.

1

#### **Precision Health Guidance**

Our program adjusts to your pace, offers ongoing help, and provides easy to follow steps to support your health journey.

- Personalized health actions
- Access to our navigation team
- Decision-making support

2

#### **DNA Screenings**

Identify your personal health risks using your DNA.

**Genetic Health Screen** for many disease risks including certain types of cancer and heart disease.

**Pharmacogenomic Testing** to help your care team understand how to optimize your medications.

**Carrier Screening** to inform family planning decisions.

- Supports earlier detection, prevention, and more effective treatment of diseases
- Disorders screened have medical interventions available
- Access to care coordination and genetic counseling, as needed

3

### **Cancer Navigation**

Access expert cancer navigators and advanced cancer resources if you're diagnosed with cancer, are a cancer survivor, or have a significant family history of cancer to help ensure guideline-recommended actions and care throughout your journey.

- 1-on-1 support with a cancer navigator
- Decision-making support and coordination of care
- Tumor genomic profiling and diagnostic testing, as needed

1 in 6

1 in 6 people carry a genetic risk for diseases with available interventions<sup>1</sup> **50**%

50% of cancers are thought to be preventable by lifestyle changes<sup>2</sup> 99%

Localized breast cancer when found early has a 99% survival rate over five years<sup>3</sup>

Want to learn more? Have questions? Visit genomiclife.com/learn or call (844) 694-3666